2015 Hong Kong International Wrist Arthroscopy Workshop and Seminar cum 1st Congress of Asia Pacific Wrist Association (APWA)

30<sup>th</sup> October - 2<sup>nd</sup> November 2015

Congress Chairman: Ping-tak CHAN

Arthroscopy Course Director: Pak-cheong HO

Course Advisors: Jack Chun-yiu CHENG, Kai-ming CHAN, Leung-kim HUNG Scientific Program: Jeffrey Justin Siu-cheong KOO, Esther Ching-san CHOW Technical Committee: Wing-lim TSE, Clara Wing-yee WONG

Co-organizer: Orthopaedic Learning Centre, Department of Orthopaedics & Traumatology, The Chinese University of Hong Kong

Asia Pacific Wrist Association (APWA) Hong Kong Society for Surgery of the Hand (HKSSH)

Supporting organization: European Wrist Arthroscopy Society

**Plenary Lecturers:** 

Guillaume HERZBERG (France) Lee OSTERMAN (USA)

**International Faculty:** 

Gregory BAIN (Australia) Eva-Maria BAUR (Germany) Wei-jen CHEN (Taiwan) Shan-lin CHEN (China) Andrew CHIN (Singapore) Jeffrey ECKER (Australia)

Keiji FUJIO (Japan) **Local Faculty:** 

Pina-Tak CHAN Wing-leung CHAN Sally Hi-shan CHENG Alexander Kai-Yiu CHOI Esther Ching-san CHOW

Yan-kit LAU Chin-hong WONG Margaret Woon-man FOK

Iames Siu-ho WAN

Daniel Wah-hong MOK Alex Wing-hung NG

Josephine Man-wah WONG Tak-chuen WONG Chi-hung YEN Polina Lai-ching YEUNG Oliver Hon-wah YIU

Sanjeev KAKAR (USA)

Ather MIRZA (USA)

Wen-dong XU (China)

Bo LIU (China)

Young-keun LEE (Korea)

Toshiyasu NAKAMURA (Japan)

Abhijeet WAHEGAONKAR (India)

Christophe MATHOULIN (France)

# **APWA Wrist Surgery Instructional Course**

Lecture Theatre, 2nd Floor, Lui Che Woo Clinical Science Building,

Prince of Wales Hospital, Shatin, Hong Kong

International Wrist Symposium cum 1st congress of Asia Pacific Wrist Association (APWA)

Auditorium, 1/F Main Clinical Block & Trauma Centre.

Prince of Wales Hospital, Shatin, Hong Kong Hands-on Wrist Arthroscopy Workshop on Anatomical Specimens:

Orthopaedic Learning Centre, 1/F, Li Ka Shing Specialist Clinics, North Wing, Prince of Wales Hospital, Shatin, Hong Kong

The CUHK Jockey Club Minimally Invasive Surgical Skills Centre, 3/F, Li Ka Shing Specialist Clinics, North Wing, Prince of Wales Hospital, Shatin, Hong Kong

#### **Special Features:**

- 1 Fresh frozen cadaver limb
- 2 2 students per station
- 3 1 tutor per 1-2 station 4 Live surgery demonstration
- \* Programmes are basically conducted in English

For enquiries, please contact: Natalie Chin (852) 2632 3074 Email: olc@ort.cuhk.edu.hk website: www.olc-cuhk.org

\* Programmes, materials and contents of the symposium and workshops are subject to change.

# **Preliminary Programme**

## **APWA Wrist Surgery Instructional Course**

# Distal Radius Fracture & DRUJ Instability

**Distal Radioulnar Joint Instability** 

TFCC Repair - Open vs Arthroscopic

. DRUJ & TFCC: Anatomy &

Classification TFCC Injuries

Biomechanics

Therapy

30th October 2015 (Friday) 1:30-5:30pm Programme Chair: leffrey ECKER

# **Distal Radius Fracture**

- Anatomy & Kinematics
- Classification Systems
- Closed Reduction
- Volar Approach: ORIF/ARIF Dorsal & Radial Approach: ORIF/ARIF 
  DRUJ Reconstruction
- External Fixation
- Bone Graft & Substitutes Soft Tissue Complication
- · Malunion & Osteotomy

## Clinical Examination of the Wrist

Approach to Ulnar Wrist Pain: Instruction & Live Demonstration

## Plenary Lecture

Lee Osterman: My Thoughts on Carpal Instability

#### Case Presentations & Panel Discussion

# **Clinical Workshop and Symposium**

# International Wrist symposium cum 1st Congress of Asia Pacific Wrist Association (APWA)

31st October 2015 (Saturday) 8:30am - 6:00pm

# Clinical—Radiological Conference on Chronic Wrist Pain Management

Demonstration on Physical Examination & Case Evaluation in Chronic Wrist Pain Patients including Carpal Instability, DRUI Problems, Ulnar-sided Wrist Pain, Post-traumatic Arthritis etc

# Inaugural Ceremony of Asia Pacific Wrist Association

Inaugural Presidental Lecture by Pak-cheong HO

- Guillaume Herzberg: New Concepts about Treatment of Acute Distal Radius
- Christophe Mathoulin: Arthroscopic Scapholunate Tear Treatment: State-of-Art in 2015
- Lee Osterman: 40 Years of Wrist Arthritis Surgery

# Symposium on Wrist Injury

- Multiple Ring Theory of The Wrist
- Arthroscopic Diagnosis of Lunotriquetral Injuries & Its Treatment
- · Acute Scaphoid Fractures: Late Presentation
- TFCC Injury: Current Concept & Management
- Rehabilitation after Acute Wrist Injury

"Live Surgical..."整句可否與"腕關節鏡操作班"相隔多點空間,及在紫色範圍內?

#### Symposium on Thumb Arthritis

- Pathogenesis of Thumb CMCJ Arthritis & Treatment in Early Stages
- Arthroscopic Debridement of Advanced Stage Thumb CMCI Arthritis
- APL Suspension Arthroplasty
- Trapezium Resection with Interposition Arthroplasty

# Thumb CMCI Prosthetic Arthroplasty Symposium on Wrist Arthritis

- Arthroscopic Treatment in Inflammatory Arthritis of Wrist
- Sauve-Kapandji Operation for DRUI Arthritis
- Arthroscopic Pyrocarbon Interposition for STT Joint Arthritis
- · Total Wrist Arthroplasty
- · Rehabilitation in Wrist Arthritis

# Hands-on Wrist Arthroscopy Workshop on Anatomical Specimens

Live Surgical Demonstration by Lee OSTERMAN and Pak-cheong HO

#### **Advanced Course**

1st-2nd November 2015, (Sunday-Monday)

- DRUI Arthroscopy
- TFCC Foveal Repair
- Volar Portal
- Thumb CMC loint Arthroscopy
- Arthroscopic TFCC Tendon Graft Reconstruction
- Arthroscopic Bone Grafting
- Arthroscopic Assisted SL Ligament Tendon Graft Reconstruction
- Arthroscopic Partial Wrist Fusion
- STT Joint Arthroscopy with Pyrocarbon Interposition

# **Intermediate Course**

2<sup>nd</sup> November 2015 (Monday)

- TFCC Capsular Repair
- Arthroscopic Assisted Reduction Pinning SL Instability
- Ganglionectomy Dorsal / Volar
- Radial Styloidectomy
- Arthroscopic Wafer Procedure

# **Basic Course**

1st November 2015 (Sunday)

- Portals, Anatomy, Setup & Instruments
- Triangulation Exercise
- Radio-carpal Joint Examination Arthroscopic Synovectomy
- Mid-carpal Joint Examination Carpal Instability Assessment
- TFCC Debridement
- Endoscopic Carpal Tunnel Release

# **Registration Form**

Name: (First Name)		(Family Name)
□ Specialist □ Physician □ Re	esident 🗆 Trainee 🗅 Therapist 🗅 Nurse	Gender: □ M □ F
Hospital: Country:		Country:
Correspondence Address:		
Email:	Phone:	Fax:
(Please tick the appropriate box) I am a n	nember of 🔲 HKSSH( membership no.)	APWA( membership no.)
Experience in Wrist Arthroscopy (Di	agnostic or Therapeutic): $\square$ None $\square$ less than 5	☐ 6 to 10 ☐ 11 to 20 ☐ more than 20 *(Required Field
Program / Date	Early-bird Registration fee (On or before Sep	18 2015) Registration (After Sep 18 2015)
APWA Wrist Surgery	☐ HK\$ 1,000 (US\$130)	☐ HK\$ 1,000 (US\$130)
Instructional Course 30 <sup>th</sup> Oct 2015 (Fri)	☐ HK\$ 500 (US\$70) (discount only for participants who register f symposium on 31st Oct 2015 at the same tin	Tfor ime) HK\$ 500 (US\$70) (discount only for participants who register for symposium on 31st Oct 2015 at the same time)
International Wrist Symposium	☐ Specialist/Physician: HK\$2,000 (US\$260)	☐ Specialist/Physician: HK\$3,000 (US\$390)
cum 1 <sup>st</sup> Congress of APWA 31 <sup>st</sup> Oct 2015 (Sat)	☐ Resident/Trainee/Therapist/Nurse: HK\$1,000 (for HK Local only)	Resident/Trainee/Therapist/Nurse:HK\$1,500
Basic Course	☐ Specialist/Physician: HK\$7,000 (US\$900)	☐ Specialist/Physician: HK\$8,000 (US\$1,030)
1st Nov 2015 (Sun)	☐ Resident/Trainee/Therapist/Nurse: HK\$5,00 (for HK Local only)	Resident/Trainee/Therapist/Nurse:HK\$5,500
Intermediate Course	☐ Specialist/Physician: HK\$7,000 (US\$900)	☐ Specialist/Physician: HK\$8,000 (US\$1,030)
2 <sup>nd</sup> Nov 2015 (Mon)	☐ Resident/Trainee/Therapist/Nurse: HK\$5,00 (for HK Local only)	Resident/Trainee/Therapist/Nurse: HK\$5,500 (for HK Local only)
Advanced Course (2-day course) 1st -2 <sup>nd</sup> Nov 2015 (Sun-Mon)	☐ Specialist/Physician: HK\$14,000 (US\$1,800)	☐ Specialist/Physician: HK\$15,000 (US\$1,930)
NOTE:		·

- Participants will be offered with a maximum discount of HK\$400(US\$50), if register for the International Wrist Arthroscopy Symposium and at least one of the Arthroscopy Workshops. (NOT Applicable to Resident/Trainee/Therapist/Nurse)
- Course fees shall be charged in HK\$. The above amounts in US\$ are for reference only.
- The discounted price for Residents at the is available to LOCAL Residents only
- Registration fee include: welcome package, certificate, lunch and tea break, welcome dinner on 31st October 2015 (only for participants who register for symposium)
- Deadline for Application: 30th September 2015 (on first-come, first served basis)
- No refund once the registration is completed.
- If you are using cheque payment: Please mail your completed registration form together with a cheque payable to "The Chinese University of Hong Kong" to Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinics, North Wing, Prince of Wales Hospital, Shatin, Hong Kong
- If you are using credit card payment: Please complete Credit Card Payment Authorization below and email to olc@ort.cuhk.edu.hk.

#### Credit Card Payment

I hereby authorize The Chinese University of Hong Kong to debit the following credit card in the total amount indicated below for payment of the registration fee for the above-mentioned person(s). Paying Card Holder's Name: \_\_\_\_ (As shown on card.) Paying Card Number: Expiry Date: □ VISA ■ MasterCard

Total Amount to be Debited: HK\$\_

Contact Number: Tel.: ( ) Fax: ( )\_

Authorized Signature: \_ (As shown on card.) Date: